GARDEN DESIGN YOU CAN AFFORD
VISIT THE SALVAGE YARD FOR FINDS {page 19}

THE SWAGGER IS BACK
BIG PLAYS EARN BOMBERS A WIN OVER THE ALS {page 21}

WINNIPEG PILOT DIES IN RENO AIR SHOW CRASH
{page 10}

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Marathon. Of hope

▶ Runners pass a bronze casting of Terry Fox along the route of yesterday's Terry Fox Run at Assiniboine Park. Organizers say about 400 people participated and raised about $50,000.

JAMES TURNER/METRO

Running under the watchful eye of Fox

Official accused of sex abuse

Victims were either formerly or currently in the care of family services, police say

Two teen girls and a young woman from Winnipeg were victims of sexual abuse at the hands of a former top family services official for a northern Ontario First Nations band, police and court records allege.

James Leonard Cardy, 60, turned himself into Winnipeg police last week and is facing multiple charges of sexual assault and sexual interference as well as a count of obstructing justice.

Up until earlier this year, Cardy was employed as the director of family services for the Rainy River First Nations band in northern Ontario.

Community chief Jim Leonard said the band no longer employs Cardy after dismissing him earlier this year. He worked for the band for about three years, Leonard said.

"I really can't discuss it because it's in court," Leonard said.

Cardy is accused of sexually abusing two girls, now 15 and 17, and a young woman, now 20, at different points between January and late November of 2010.

He is presumed innocent and the allegations against him have not been proven.

Police said the alleged assaults either took place in Winnipeg or during trips into the city.

In the case of one of the victims, Cardy allegedly withheld money owed to her until a sexual act was performed, police said.

Investigators also say they believe Cardy attempted to thwart justice by willfully attempting to dissuade someone from calling police, documents state.

Cardy was briefly detained at the Winnipeg Remand Centre prior to being released with the consent of a Crown prosecutor. He was ordered to post $5,000 bail and return to live at an address in Barwick, Ont. JAMES TURNER

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Advance Voting

Saturday, Sept. 24 to Saturday, Oct. 1

Provincial election day is Tuesday, Oct. 4, but you can vote earlier if you choose.

- You don't need a reason to vote in advance.
- You can vote at any advance location in Manitoba.
- Advance voting locations are open from 8:00 am to 8:00 pm (noon to 6:00 pm Sunday) unless otherwise noted.
- Don't forget to bring photo ID or two other documents with your name.

A list of advance voting locations in Winnipeg is printed below. Locations in communities outside Winnipeg will be published in community newspapers.

For a complete list of advance voting locations in Manitoba, electionsmanitoba.ca

Popular Advance Voting Places in Winnipeg:

The Forks Market
South Aisle A, outside The Beachcomber

Garden City Shopping Centre
Near Sears

Grant Park Shopping Centre
Near Zellers

James Richardson Airport
Near Arrivals Area B

Kildonan Place
Near Sears

Polo Park Shopping Centre
Main floor in front of The Bay

Portage Place
2nd Floor

Red River Community College
Sept. 26-30 Notre Dame Campus, Lower level - Outside Library

St. Vital Shopping Centre
Sept. 26-Oct.1 Near Sears

University of Manitoba
University Centre, Fireside Lounge - Near the Bookstore

University of Winnipeg
Bulman Students' Centre - Lower Level

Winnipeg Square
Sept. 26-30 Near Food Court

Other Winnipeg Locations:

ASSINIBOIA Returning Office:
3075 Ness Avenue

Additional Location:
Crestview United Church

BURROWS Returning Office:
69 Muir Road

Additional Location:
Sinclair Park Community Centre

CHARLESWOOD Returning Office
Units A & B, 5905 Roblin Boulevard

Additional Location:
Westdale Community Club

CONCORDIA Returning Office:
493 London Street

Additional Location:
Terry Sawchuk Arena

ELMWOOD Returning Office:
480 Chalmers Avenue

Additional Location:
Bronx Park Community Centre

FORT GARRY-RIVERVIEW Returning Office:
725 Kylemore Avenue

Additional Locations:
Fort Garry United Church
Sept. 27-28 Winnipeg Technical College

FORT RICHMOND Returning Office:
2445 Pembina Highway

FORT ROUGE Returning Office:
109 Pulford Street

Additional Location:
Earl Grey Community Centre

FORT WHYTE Returning Office:
Unit 4-1455 Waverley Street

Additional Location:
Linden Woods Community Centre

KILDONAN Returning Office:
Kildonan Place - Near Sears

Additional Location:
Vince Leah Community Centre

KIRKFIELD PARK Returning Office:
220-3025 Portage Avenue

Additional Location:
Westwood Community Church

LOGAN Returning Office:
Portage Place Mall – 2nd Floor

Additional Location:
Burton Cummings Community Centre

MINTO Returning Office:
910 Wall Street

Additional Location:
Cindy Klassen Recreation Complex

POINT DOUGLAS Returning Office:
607 Selkirk Avenue

Additional Locations:
The Métis Club
Sept. 25, 28 & 30 The Indian & Métis Friendship Centre
Sept. 24, 26, 27, 29 & Oct. 1 Aboriginal Centre

RADISSON Returning Office:
1069 Autumnwood Drive

RIEL Returning Office:
1541 St. Mary's Road

Additional Location:
Jonathan Toews Community Centre

RIVER EAST Returning Office:
1341 Henderson Highway

Additional Location:
Gateway Recreation Centre

RIVER HEIGHTS Returning Office:
1170 Corydon Avenue

Additional Location:
Sir John Franklin Community Centre

ROSSMERE Returning Office:
170 Furniture Park Road (Alpha Bldg.)

SEINE RIVER Returning Office:
1269 St. Anne's Road

Additional Location:
Morrow Gospel Church

SOUTHDALE Returning Office:
Unit 1A, Southdale Mall

Additional Location:
Bethel Community Church

ST. BONIFACE Returning Office:
140 Provencher Boulevard

Additional Location:
Salle Communautaire du Précieux Sang (Precious Blood Community Hall)

ST. JAMES Returning Office:
Unit 3 - 2015 Portage Avenue

Additional Location:
St. James Civic Centre

ST. JOHNS Returning Office:
715 Salter Street

Additional Location:
Glory and Peace Church International

ST. NORBERT Returning Office:
#B 3325 Pembina Highway

Additional Location:
Waverley Heights Community Centre

ST. VITAL Returning Office:
176 Worthington Avenue

Additional Locations:
Norberry Glenlee Community Centre
Glenwood Community Centre

THE MAPLES Returning Office:
Units 2&3-1099 Kingsbury Avenue

Additional Location:
Arthur E. Wright School

TRANSCONA Returning Office:
711 Leola Street

Additional Location:
Madeline Estates

TUXEDO Returning Office:
Unit B, 3525 Roblin Boulevard

Additional Location:
Canadian Mennonite University

TYNDALL PARK Returning Office:
Unit 47C, 360 Keewatin Street

Additional Location:
Weston Memorial Community Centre

WOLSELEY Returning Office:
984 Portage Avenue

Additional Location:
Robert A. Steen Community Centre

For more information:

Call your returning office or Elections Manitoba
Ph. **945-3225** • Toll-free **1-866-628-6837**

Democracy is stronger with all of us.

Missing family last heard from in Winnipeg

Police are asking for the public's help in finding a Brampton, Ont., family who disappeared while driving west across Canada.

Peel Regional police say Jacqeline Davis, 44, and her three children were last seen in Brampton on Aug. 27. They were on their way to Calgary to visit friends but never arrived.

Davis was last heard from Aug. 30 when she called a relative in Brampton to say she was in Winnipeg. She is travelling with her daughter, Fydney, 9, and sons Jalen, 7, and Caleb, 5.

Police say Davis's silver four-door 1998 Ford Taurus has Ontario licence plates BMJH 247.

Davis is described as black, five-foot-five, 145 pounds with black hair above her shoulder. She has a small scar over one of her eyes. THE CANADIAN PRESS

Cops remove 'practice' bomb

Winnipeg Police said they were told of a possible bomb just before 2 p.m. on Saturday at a home in St. Boniface. They said the residents were cleaning the house when they discovered a "practice aircraft bomb." The Winnipeg bomb unit was dispatched and removed the bomb.

It's unknown as yet how the bomb was built or who built it, police said.

ELISHA DACEY

War. Hero

▶ Sgt. Tommy Prince was honoured this weekend with the unveiling of a mural at the corner of Selkirk Avenue and Sgt. Tommy Prince Street. Prince was one of Canada's most decorated First Nations soldiers. He served in the Second World War and in Korea.

JAMES TURNER/METRO

Mural pays homage to a true Canadian hero

TIFF stars love the 'Peg

Goon actor Sean Williams Scott says Winnipeg girls dress better than women in his home state of Minnesota ◐ Bono, Paul Williams also fans

There were warm words for Winnipeg at this year's Toronto International Film Festival.

References to the 'Peg popped up several times during the 11-day movie marathon.

In the festival's opening film, Davis Guggenheim's From the Sky Down, Bono and U2 can be seen hobnobbing with supporters on Winnipeg streets. The documentary also shows the Irish supergroup at a downtown city theatre sharing memories of making their 1991 album, Achtung Baby.

Another excellent documentary, Paul Williams: Still Alive, reveals that the '70s icon has always been warmly embraced in Winnipeg.

The film follows the journey of Oscar-nominated filmmaker (and Williams fan) Stephen Kessler as he sets out to find out what happened to his idol.

Williams, whose hits included The Rainbow Connection and We've Only Just Begun, all but dropped out of the spotlight due to a drug addiction, but audience members at a Winnipeg gig are shown giving him an emotional welcome.

GETTY IMAGES

▶ Jay Baruchel and Alison Pill fell in love on the set of Goon, parts of which were shot here.

Kessler says the response at the Winnipeg show, where one weeping fan struggles to put her feelings for Williams into words, inspired him to push on with his film.

Goon stars Alison Pill and Jay Baruchel, meanwhile, fondly recalled falling in love while shooting the hockey comedy during a frigid winter in the 'Peg.

The festival wrapped up yesterday.

THE CANADIAN PRESS

1 news

The recent pattern of Apple employees misplacing prototypes seems to have spurred the tech giant to beef up its security staff.
Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

The stars have left town, the Q's have been A'd and the winners have been lauded — another Toronto International Film Festival is in the books. Video at metronews.ca

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CHARGES

Man rams cop cruiser, one other vehicle

A Winnipeg man faces a litany of charges after evading police and ramming two cars, cops say.

Winnipeg Police said it all began when they tried to stop an erratic car near Minto Street and Portage Avenue at about 4:30 p.m. Saturday. The car fled, then was stopped by police on Arlington Street.

When officers approached the car on foot, the man driving it flung it into reverse, nearly hitting one officer and then hitting the parked cruiser car nearby, say police.

The driver sped off, then hitting a vehicle near Portage Avenue and Burnell Street. No one was injured, but the driver continued to speed away.

Cops found the man parked on Burnell Street and he was arrested.

Adam Michael Redcliffe, 36, faces charges including two counts of assault with a weapon, dangerous operation of a motor vehicle, flight from a police officer and driving without a licence.

He is also wanted on four outstanding warrants. He has been detained. ELISHA DACEY

ELISHA DACEY/METRO

▶ Two businesses suffer from a possible case of arson on Saturday.

Possible arson causes $500,000 damage

Two businesses went up in flames Saturday night after a possible arson in the North End.

Winnipeg Police said first responders were on the scene of the fire at about 9 p.m. at the corner of Arlington Street and Stella Avenue. Two businesses, including Cading's Restaurant, suffered at least $500,000 damage. Yesterday morning, the businesses were boarded up and glass littered the sidewalk.

There were no injuries. The Arson Strike Force is investigating. ELISHA DACEY

JOHN WOODS/THE CANADIAN PRESS

▶ Anna Lyn Giesbrecht, 5 and her brother Joshua, 7, watch the Winnipeg Jets as they practice at the 2011 training camp Saturday.

Thousands show up for Jets open practice

Players used to being in spotlight said they'd never seen anything like it

NHL-starved hockey fans turned out by the thousands Saturday for an open practice of their new Winnipeg Jets.

They crammed the practice facility on the edge of the city, filling the stands and crowding around the boards to watch and cheer the team, which plays its first NHL home exhibition game tomorrow against the Columbus Blue Jackets.

For many it may be their only chance to see the relocated Atlanta Thrashers in person. The Jets have sold out all but a handful of tickets they held back, and those have to be secured through a monthly draw.

"Eventually, hopefully, there's tickets we can get ... It's going to be a challenge," said fan Paul Meads.

He laughed about it but said until then, he's just waiting for his cable provider to negotiate a deal to show the Jets channel.

Meads was just 15 when the old Jets left for Phoenix, where they were renamed the Coyotes. He has no doubt about the support the new Jets will get in their new home.

Even the players were excited at the turnout.

"I'm not used to practising in front of a crowd like that but it's great, the fans are excited, we're excited," said defenceman Zach Bogosian, who signed a new two-year contract worth $5 million US just before camp began.

He said the new Jets home does feel quite different from Phoenix.

"We had some good turnouts there the first day of training camp but I don't think it would be anything like this ... There's a lot of people here and when they're screaming 'Go Jets Go' it kind of gives you goose bumps."

THE CANADIAN PRESS

TSN Jets to be made available on MTS

ELISHA DACEY
@METRONEWS.CA

MTS announced yesterday TSN Jets will be available to subscribers.

"We know that TSN Jets is important to many of our customers ... we are pleased to offer TSN Jets to Manitobans," said Kelvin Shepherd, president of MTS, in a press release.

Similar to the deal being offered by Shaw TV, TSN Jets will be free until Oct. 31. At that point, the channel will cost $9.95 a month.

TSN Jets will run on channel 168 in standard definition and 480 in high definition.

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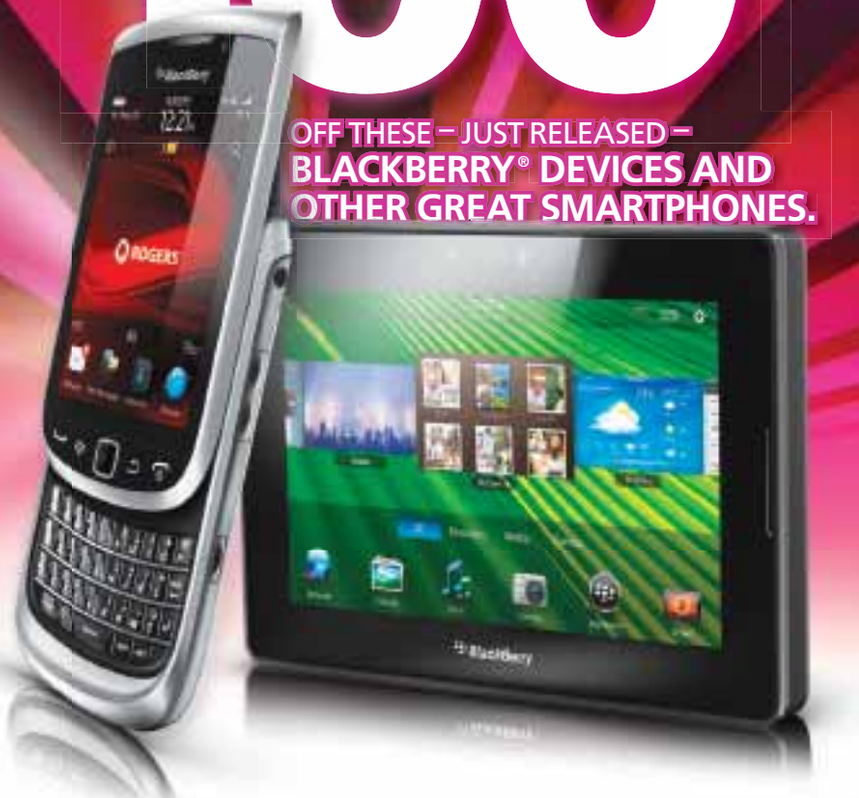

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Election in brief

NDP talks more tax relief

EDUCATION. NDP Leader Greg Selinger promised yesterday that should his party be re-elected, seniors and farmers will no longer pay school taxes.

"We all know the feeling that we could use a little more money in our wallets," Selinger said in a press release. "That's why we have cut taxes every year for 12 years in a row. We are committed to making life more affordable for all Manitobans."

Eliminating the school tax for seniors will cost the province $35 million, said Selinger, while eliminating the tax for farmers will run $14 million.

Selinger says this would be the fourth and fifth tax eliminated since the NDP came into power. ELISHA DACEY

Tories want seniors hotline

HEALTH CARE. The Tories would launch a patient advocacy website, a senior-care hotline and a pilot project for geriatric nurses in emergency rooms should they be elected.

The new ER nurse program would be similar to a model being used in Ontario. There, specialized geriatric nurses conduct comprehensive assessments of older patients and assist emergency staff with admission decisions.

Leader Hugh McFadyen said the promises were made in response to a recent survey that showed Manitobans were more likely to complain about bad experiences with the health care system than people in any other province.

ELISHA DACEY

Promises for the North

NDP leader pledges millions ahead of campaign stops in northern parts of Manitoba ◐ Hydro platforms highlight differences in direction

Manitoba NDP Leader Greg Selinger announced a flurry of promises geared toward the province's north as he prepared to tour the region this week in the lead-up to the Oct. 4 election.

Selinger accused the Progressive Conservatives of neglecting northern Manitoba as he promised his party would keep Manitoba Hydro publicly owned, and would expand it with generating stations at Wuskwatim, Keeyask and Conawapa.

He also pledged nearly $65 million for roads and highways in the north, some of which he says will help the Crown-owned utility.

Selinger pledged major work on Highway 10, as well as money for redeveloping The Pas' riverfront, expansion for the Northern Consultation Clinic in Thompson, and cash to expand the emergency room at Flin Flon General Hospital.

CONTRIBUTED

▶ Greg Selinger, right, is promising northern Manitobans a $65-million investment in roads.

Other party leaders also made health-care announcements this weekend, with Progressive Conservative leader Hugh McFadyen promising $1.5 million for a CT scanner for Swan River.

Jon Gerrard of the Liberals promised to invest $4.6 million to fight diabetes in Manitoba.

Selinger said McFadyen's plans to cancel hydro expansion would hurt the northern region the most.

McFadyen, who was campaigning with PC candidate Dave Powell in Swan River on Saturday, said a new CT scanner for the area would mean patients won't have to travel to Dauphin for the service.

Gerard, meanwhile, accused the NDP of allowing diabetes to become an epidemic in the province under Selinger's watch.

THE CANADIAN PRESS

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Omnibus tops Commons agenda

- Parliamentarians are back to work today
- It's the first chance the Conservatives have to move on their law-and-order election promises

JESSICA SMITH
@METRONEWS.CA
METRO CANADA IN OTTAWA

The Conservatives are set to introduce a massive omnibus bill on terrorism, youth crime, wiretapping and other planks of their tough-on-crime platform.

Terrorism tops the list, with the new bill promising, in its title, Justice for Victims of Terrorism. The Tories campaigned on allowing victims to sue terrorists and supporters.

Two controversial, temporary anti-terrorism measures implemented after 9-11 will be reintroduced, Prime Minister Stephen Harper said in a recent TV interview.

Crime legislation — on young offenders, sentencing and child predators — that was introduced but not passed before the election, is expected in the same bill.

The exact wording of measures in the omnibus bill won't be made public until it is introduced today, but the opposition parties are already raising alarms.

The New Democrats say measures that would allow law enforcement to monitor Internet activity without a warrant will amount to "legalized widespread snooping on average citizens." The Conservatives say the measures will give law enforcement agencies "up-to-date tools to fight crime in today's hightech telecommunications environment."

Before the debate, the legislative session will begin with tributes to Jack Layton.

The bill

Here's what the omnibus bill is expected to do on:

TERRORISM

- Allow police to detain terrorism suspects for up to three days without charges.
- Allow judges to jail witnesses who won't testify about terrorism.
- Allow terrorism victims to sue terrorists and their supporters.

YOUTH CRIME

- Simplify pre-trial detention rules so youths accused of serious crimes — including property crimes over $5,000, sexual exploitation and murder — can be jailed before trial.
- Expand "violent offence" definition so youths who endanger public safety during a crime can be jailed.

TELECOMMUNICATIONS

- Make telecom providers install surveillance software, allowing police to track Internet and mobile-phone activity.
- Make telecoms disclose customer information to authorities.

SENTENCING

- End house arrest for perpetrators of violent crimes, including sexual assault.
- End pardons for sexual assaults on minors, offenders with three convictions prosecuted by indictment.

CHILD MOLESTATION

- Create or increase mandatory minimum jail time for certain sexual offences involving children.
- Outlaw "grooming" — i.e. making laws against giving sexually explicit material to a child for the purpose of committing an offence.

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News in brief

SEAN KILPATRICK/THE CANADIAN PRESS

Defence chief scoffs at payback

OTTAWA. The country's top military commander has dismissed a suggestion from the prime minister that he pay back taxpayers for his personal use of government jets.

Chief of Defence Staff Gen. Walter Natynczyk says he uses the air force's Challenger jets as part of his command-and-liaison role and sees no reason the public treasury needs to be reimbursed.

THE CANADIAN PRESS

Pneumonia kills Tiqa the whale

VANCOUVER. Tiqa, the Vancouver Aquarium's young beluga whale, died early Friday of pneumonia, according to preliminary necropsy results.

Veterinarian Dr. Martin Haulena spent most of Friday conducting Tiqa's necropsy at the Ministry of Agriculture Animal Health Centre in Abbotsford.

PHYLICIA TORREVILLAS

Warning over visa for Mexicans

OTTAWA Senior bureaucrats warned the Harper government that imposing a new visa on Mexican travellers would overload Canada's diplomatic capacity. The deputy ministers of Foreign Affairs and International Trade offered that assessment in a July 2009 briefing note.

THE CANADIAN PRESS

Quake rocks India, Nepal

Rescuers work to find people trapped under fallen buildings Power lines snap in some cities

A strong earthquake shook northeastern India and Nepal, killing at least 16 people, damaging buildings and sending lawmakers in Nepal's capital running into the streets.

The quake, with a preliminary magnitude of 6.9, struck at 6:10 p.m. yesterday local time and was felt across northern and eastern India, including in the capital of New Delhi. It triggered at least two aftershocks of magnitude 6.1 and 5.3, Indian seismology official R.S. Dattatreyan said.

At least five people in India's Sikkim state were killed and more than 50 were injured, according to the state's top official, Chief Secretary Karma Gyatso. The north Indian state of West Bengal reported four deaths, and Bihar state reported two. Nepal's government said five people died and dozens were hurt there.

The full extent of damage was not immediately known because the region is sparsely populated with many people living in remote areas. In neighbouring Nepal and Bangladesh, the quake sent residents rushing out of their homes, offices and shopping centres. THE ASSOCIATED PRESS

NIRANJAN SHRESTHA/THE ASSOCIATED PRESS

▶ A man looks on from a damaged house after an earthquake yesterday in Bhaktapur, Nepal, on the outskirts of Katmandu.

Damage

TV stations reported buildings collapsed and sidewalks cracked in Sikkim's state capital of Gangtok, 68 kilometres southeast of the quake's epicentre.

- Indian Prime Minister Manmohan Singh offered to send troops to help, and summoned the National Disaster Management Authority for an emergency meeting. The air force sent five aircraft to help with the rescue efforts.
- A high alert was sounded and police were on the streets in Gangtok and other major towns affected by the earthquake.
- The quake was also felt as far as the Indian capital, with New Delhi residents also rushed out of shaking buildings.

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Ex-Air Canada pilot, wife killed in Reno air show crash

A former Air Canada pilot and his wife were among nine people killed in Nevada after a 1940s-era plane crashed during an air show.

George Hewitt, 60, and his wife Wendy, 57, were sitting with a group of vintage military plane owners when a P-51 Mustang crashed near a grandstand at the Reno air show on Friday, killing them instantly.

The couple reportedly had moved recently from Washington to Fort Mohave, Ariz., after Hewitt retired. He was born in Winnipeg and flew as a pilot with Air Canada for about 40 years.

The Seattle Times reported Hewitt owned a small post-Second World War plane originally built by the same company that made the P-51 Mustang.

THE ASSOCIATED PRESS

ePassports could have big price tag

The first version of Canada's new electronic passport carries a hefty price tag — an ominous sign that the general version being issued late next year might cost triple or more what Canadians pay today.

An expense claim filed by Prime Minister Stephen Harper indicates the cost of the diplomatic version is far more than the $87 that adult Canadians pay now.

Harper purchased four diplomatic ePassports for himself, his wife and two children late last year, at $225 each, for a total bill of $900. THE CANADIAN PRESS

Conjoined twins get separate lives

- British surgeons beat the odds in risky operation
- 11-month-old Sudanese girls may soon return home

A pair of Sudanese twins born with the tops of their heads stuck together have been separated in a rare and risky series of operations at a London, Britain children's hospital, officials said yesterday.

Facing the World, a charity that helps disfigured children, said it had helped fund the four-stage operation to split 11-month-old Rital Gaboura from her sister, Ritag. Twins born joined at the head are known as craniopagus twins and they occur in about one in 2.5 million births. Splitting them can be dangerous, especially if — as in this case — there's significant blood flow between their brains.

FACING THE WORLD HANDOUT/THE ASSOCIATED PRESS

▶ Rital and Ritag Gaboura before separation.

"Incidences of surviving twins with this condition is extremely rare," lead surgeon David Dunaway said in a statement released by the charity. "The task presented innumerable challenges and we were all very aware of our responsibilities to the family and these two little girls."

Facing the World said that separation took place in stages at London's Great Ormond Street Hospital, with two operations in May, the insertion of tissue expanders in July and the final separation on Aug. 15.

"Within days the twins were back on the general ward interacting and playing as before," the charity said. Its executive co-ordinator, Sarah Driver-Jowitt, predicted that the girls' parents — who haven't been named — may soon return home "with two healthy, separate girls."

In 2004, a team of doctors at New York's Montefiore Children's Hospital separated Filipino twins in four major surgeries that took place over 10 months.

THE ASSOCIATED PRESS

Strauss-Kahn dismisses writer's rape claims

Dominique Strauss-Kahn, the former head of the International Monetary Fund, has dismissed a French writer's claims that he tried to rape her during a 2003 interview as "imaginary" and insisted there was "no act of aggression, no violence."

Writer Tristane Banon claims she and Strauss-Kahn tussled on the floor during an interview in an empty apartment, with the politician trying to open her jeans and bra and putting his fingers in her mouth and underwear.

THE ASSOCIATED PRESS

TODD HEISLE/THE ASSOCIATED PRESS FILE

▶ Dominique Strauss-Kahn

Libya. Fighting

▶ Libyan fighters chant slogans as they take control of Moammar Gadhafi loyalists' villages in the desert 750 kilometres south of Tripoli at Gohta, Libya, yesterday.

FRANCOIS MORI/THE ASSOCIATED PRESS

Charging into battle

Rockets and mortars rained down on the position where the revolutionaries had retreated on the outskirts of the mountainous stronghold of Moammar Gadhafi's loyalists. So, in a fury, the fighters charged wild and unorganized yesterday back into the city for yet another day of fighting.

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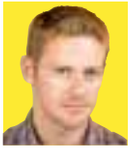


How do you like your beige?

We've reached the halfway point of the provincial election, and despite all the negative ads and debate-sniping, this contest is shaping up as a choice between two shades of beige.

The NDP and Progressive Conservatives have both come out and said they're in favour of some version of safer, healthier, growing and affordable communities. All laudable goals, but this is really the political equivalent of saying you support rainbows and ponies. No one is going to object to such blandly pleasant ideas.

"The NDP promise to hire 2,250 new health-care professionals; the PCs respond with a plan to hire 2,165 of the same. The PCs will put a new CT scanner in Swan River; the NDP make it an MRI for Dauphin. Both commit to more funding for police and programming for at-risk youth. And both pinky swear they will not sell Manitoba Hydro under any circumstances."

Most campaigns are won or lost based on what the election strategists call "wedge issues." This is when you find a position that clearly separates you from your opponent and drives a "wedge" into the voter pool.

But based on the announcements made so far, it would be reasonable for one to suspect these campaigns are actually being run out of the same office.

The NDP promises to hire 2,250 new health-care professionals; the PCs respond with a plan to hire 2,165 of the same. The PCs will put a new CT scanner in Swan River; the NDP makes it an MRI for Dauphin. Both commit to more funding for police and programming for at-risk youth. And both pinky-swear they will not sell Manitoba Hydro under any circumstances. So much for the wedge.

The only significant issue that divides the two is their plans for Manitoba Hydro's new transmission line, Bipole III. While the eastside-versus-westside question should be a major campaign wedge, it's clearly not. It seems that $500 tax credits are more relatable to the average voter than multibillion-dollar power lines.

So instead of presenting clear policy alternatives, the parties have decided to roll out a series of pablum-like spending announcements, and rely on leadership as the ballot question. But real leaders actually lead, they don't just follow public opinion. This is especially true when dealing with multi-year deficits and record debt levels.

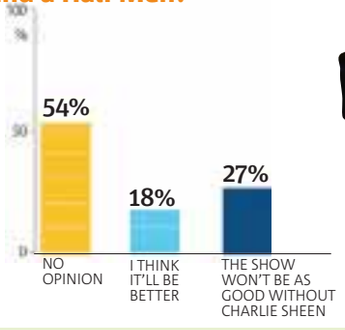
Manitoba will face a lot of challenges and opportunities in the next four years. Unfortunately for us, this election seems to be coming down to this question:

Selinger or McFadyen: how do you prefer your beige?

Colin Fast is a corporate communicator who blogs about life in Winnipeg at policyfrog.com.

Panel
Register at metropolitanpanel.ca and take the quick poll

What do you think about the addition of Ashton Kutcher to the cast of Two and a Half Men?



Local tweets

@kevbr: @metrowinnipeg I think that the .05 charge for bags at a grocery store is a money grab where paper bags can be used thus a normal recycle!

@RooseBill: The #RedWings are sad to learn that a very good friend of the team, Earl Cook from Winnipeg, died this morning. @DetroitRedWings

@olddirtywalker: All games on this morning are terrible, maybe I will watch the winnipeg/montreal game lol

@ERICN1LSSON: "Winnipeg runs the ball on 1st down more then any team in the CFL" Thanks, we didn't notice. @Wpg_BlueBombers

@northwesternlad: I would like to say the swagger has returned to Swaggerville, but I don't want to jinx anything. 14-0 Winnipeg beating Montreal. Yippee

@lisainwpg: Bosu Ball class rocked! & I made it thru the entire session without almost passing out like the 1st time!

Letters

Why are people starving to death in Somalia, Ethiopia and Kenya? The world has no shortage of food. Americans, Canadians and Europeans are dying of diabetes, cholesterol and obesity. The western countries are consuming too much food at the expense of the rest of the planet. Just to feed our appetite for meat requires huge amounts of agricultural land to grow plant-based feed to fatten livestock animals.

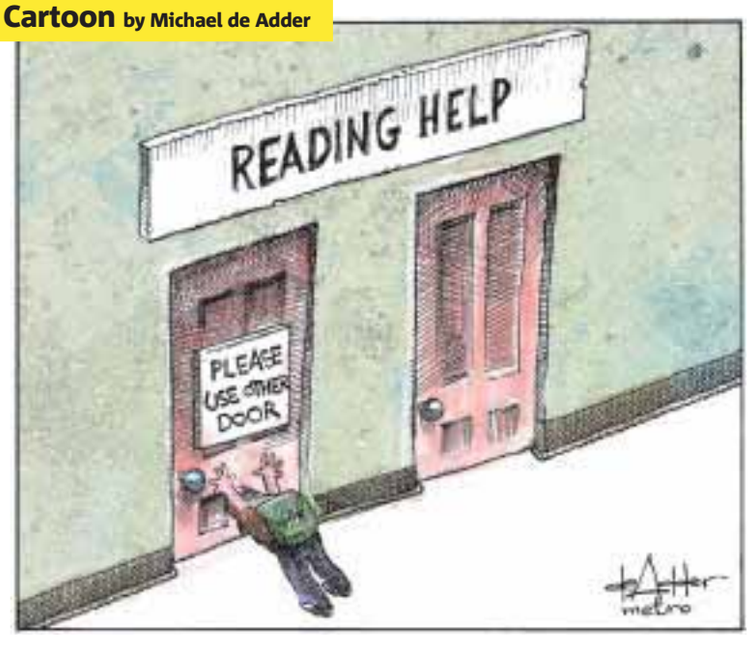
We are on a downward spiral. We treat our pet rocks and gardens better than children and people experiencing real human suffering.

Decisions are made all for the sake of money, power and privilege, or should I say control of oil and resources.

I hate to go all Jesus on you, but Christ did say that it is easier for a camel to go through an eye of a needle than a rich man to enter the Kingdom of God. This biblical quote makes a lot of sense. Greed is a sin and it has played a major part in shaping the world and its citizens into either haves or have nots.

ALEX SANGHA
DELTA, B.C.

Cartoon by Michael de Adder



WEIRD NEWS

Recovered message in a bottle a 'miracle'

A Japanese teenager expressed her gratitude yesterday after a U.S. sailor in Hawaii found a bottle she had tossed into the sea off Japan's southern coast as a child.

Saki Arikawa, 17, said she had almost forgotten about the bottle and initially couldn't believe it was found after five years.

She said "it's a miracle" the bottle was found. "It's incredible," she said.

The clear glass bottle was found Thursday by Navy Petty Officer Jon Moore during a beach cleanup at the Pacific Missile Range Facility on Kauai island.

The bottle contained four origami cranes — symbols of peace in Japan — as well as a photo of Arikawa's elementary school class and a note dated March 25, 2006, and signed by Arikawa saying she wanted it to be "a graduation memory."

The bottle was one of five she tossed into the ocean in 2006 as her sixth-grade class graduated from Kokubu Elementary School in Kagoshima. Three other bottles had previously been recovered, including two in Alaska and a third at another location in Hawaii. THE ASSOCIATED PRESS

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PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

▶ U.S. President Barack Obama speaks last week.

Jobs — Obama's top priority

President to call for closing of tax loopholes for high earners

Even as U.S. President Barack Obama prepares his opening bid on long-term debt reduction, the White House wants to keep the focus on jobs and is determined to avoid getting sucked into another budget fight with lawmakers.

Administration officials see the task of attending to deficits as necessary, but not necessarily urgent, compared with the need to revive the economy and increase employment. The White House also sees this as the time to draw sharp contrasts with Republicans.

So when Obama announces at least $2 trillion in deficit reduction measures today, he is not expected to offer all the compromises he reached with House Speaker John Boehner in July.

THE ASSOCIATED PRESS

Greek crisis could have spillover

$8B The amount of money Greece — which owes about 150 per cent its annual economic output — will need by mid-October to stave off default.

The tiny country known for sun-baked islands and historic ruins seems an unlikely trigger for the next global economic tsunami.

Yet just as the startling collapse of Lehman was followed by the worst recession in six decades, a Greek default has the potential to send the world tumbling again.

Greece has said it has enough cash to carry its debt to mid-October, by which time it will need about $8 billion to stave off default.

Eventually, its partners in the 17-country eurozone will balk at extending more of their money.

"I think at the end of the day, it's up to Greece. Greece has to fulfil its commitments not only to the eurozone but also to the IMF," said Finance Minister Jim Flaherty on CTV's Question Period yesterday.

According to Paul Taylor, chief investment officer with BMO Harris Private Banking, the danger to Canada's economy is what a Greek default does to confidence and credit.

THE CANADIAN PRESS

UBS head says he won't resign

Oswald Gruebel, the chief executive of UBS, has dismissed calls for his resignation as politically motivated, even as the Swiss banking giant raised its estimated loss by a rogue trader to $2.3 billion US.

UBS AG had previously put the loss at $2 billion when news of the scandal first broke last Thursday.

In a bid to reassure investors, the Zurich-based bank said yesterday it has "now covered the risk resulting from the unauthorized trading" and its equities business "is again operating normally within its previously defined risk limits."

UBS also confirmed for the first time that the trader, 31-year-old Kweku Adoboli, was already under investigation by the bank when he revealed his actions to authorities last Wednesday.

Adoboli remains in custody in London, charged Friday with acts of fraud and false accounting dating back to 2008. His next court appearance is Thursday.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 A.M. FRIDAY

Dollar	Natural gas 1,000 cu ft
+ 0.52¢ (102.15¢ US)	$3.844 (- 3.4¢)
	Gold contracts $1,814.70 (- $33.30)
Oil	TSX
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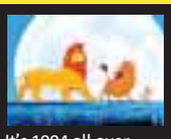
2 scene

Scene in brief



It's 1994 all over again, with a re-release of The Lion King opening at the top of the box office. A 3D version of the Disney favourite earned a surprising $29.3 million in its first weekend in theatres, according to Sunday estimates. Last week's No. 1 movie, Contagion, dropped a spot in its second weekend. Drive came in at No. 3 with just over $11 million.

THE ASSOCIATED PRESS

Scan this code or visit metronews.ca/scene to find out who ruled the Emmy's last night

HANDOUT

▶ Oscar-winning actor Morgan Freeman stars in Dolphin Tale.

Dolphin-friendly Freeman

Actor Morgan Freeman talks about working with Winter the dolphin in Dolphin Tale

STEVE GOW
SCENE@METRONEWS.CA

There are few actors that can upstage legendary Oscar-winning thespian Morgan Freeman. But of course that's exclusively including human actors. In his latest movie, Freeman's co-star is a dolphin.

"That's why they play such big roles (in our lives)," said Freeman recently about the animals' natural acting ability. "And it's like they're doing their own thing — you don't know if they're trained to do this stuff or if they're showing off. I'm fascinated by them because I've seen them do stuff like that in the wild."

Specifically, Freeman is talking about Winter, the charming subject and star of this Friday's release of Dolphin Tale, an inspiring story of a young marine mammal that was saved with the use of a prosthetic after losing its tail in a tragic accident.

"I think this is a particularly special dolphin," insisted director Charles Martin Smith. "She has so much personality and she's such a character. She's basically the equivalent of a human 10-year-old … when I first started working on the script for this I sat with her for three days and watched her and (observed) all the things that she does that I could write into the script."

Among those traits included some interesting human-like habits and even an affinity for human contact. For Freeman, it was an agreeable improvement on some of his previous co-stars.

"I worked with a bear one time and the guy said 'don't look him in the eye'. That's a note I need — don't look the damn thing in the eye," laughed Freeman. "(Winter) has been in this aquarium for most of her life and even if she was wild, it wouldn't bother me because somehow it appears that (dolphins) have the same kind of affinity for us as we have for them."

Freeman's animal love

▶ **Morgan Freeman on his love of animal movies:** "The first book I ever read was about a horse — Black Beauty — and I was lost in animal stories after that," said Freeman. "We have a kind of symbiosis with animals that we interact with."

STEVE GOW

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Fleshing out female characters on television

Whitney Cummings hopes her new show will fly in the face of conventional female TV stereotypes ◗ Whitney debuts today on CTV

HANDOUT

▶ Whitney Cummings as Whitney and Chris D'Elia as Alex in the new comedy series Whitney.

When provocative comedy writer and performer Whitney Cummings was developing her own self-titled series, she didn't have to dig deep into her imagination to come up with a unique lead role.

"Most TV shows have women on the sidelines and women are the setups for the jokes and very one-dimensional, so that kind of bored me, and there were not a lot of women on TV for women to look up to."
WHITNEY CUMMINGS

Her own life was already far different from those of the female characters she was seeing in most TV comedies, and seemed a rich source from which to mine funny stories that her generation could relate to, she says.

"I found myself not finding anyone on TV, except for maybe Tina Fey, who I thought was a strong, funny, outspoken woman who is in charge," the 29-year-old statuesque standup star, who lives in Los Angeles, said during a recent stop in the city.

Debuting today on CTV and Thursday on NBC, the multi-camera comedy Whitney sees the witty and whip-smart Cummings playing a character based on herself.

In the debut episode, she and her boyfriend, Alex (Chris D'Elia), attend a wedding, where Whitney commits several faux pas. The episode also sees Whitney trying to put the spark back in her relationship with Alex by seducing him — a move that proves disastrous.

Co-stars include Zoe Lister-Jones and Rhea Seehorn, who play Whitney's friends.

Cummings, who is also executive producer of the series, said several of Whitney's missteps are based on her own gaffes.

"Yeah, that's me. I'm pretty much a moron. ... Lucille Ball is one of my heroes," said Cummings, who modelled while growing up in the Washington, D.C., area and got into standup comedy after graduating from university.

Unlike many female characters onscreen, Whitney is in no rush to get married and questions the institution of monogamy and other relationship traditions.

Cummings said she's in a serious relationship in real life but witnessed a lot of divorce in her family, and she wanted Whitney to reflect a generation "who is fully aware of the statistics that half of all marriages end."

Cummings said Whitney also reflects her group of friends who are independent and picky.

And unlike many female comedy characters, Whitney doesn't emasculate her spouse and actually wants to sleep with him, she noted.

"It's like, since when do women not like sex? I don't understand that. Like, what is that?" said Cummings, who got her start on MTV's Punk'd and appears regularly on E!'s Chelsea Lately and Comedy Central's Comedy Central Roasts.

"It seems like all the women on sitcoms, they never want to sleep with their man and all they do is yell at them. That's not my experience."
THE CANADIAN PRESS

I should have been fired, says Sheen

CHRIS PIZZELLO/THE ASSOCIATED PRESS FILE

▶ Charlie Sheen

Charlie Sheen seems to have buried the hatchet.

Appearing on Thursday's Tonight Show, the former star of Two and a Half Men radiated a forgiving mood toward his old workplace.

Asked by host Jay Leno if he's still angry at the sitcom's producers and network, he said no: He would have fired himself had he been in their shoes.

Then he added with a laugh, "Well, maybe not like they did."

Sheen was dumped last March after the actor railed against his bosses, and they blasted him for his unpredictable behaviour as a drug-abusing, reckless playboy.

"It was bad," Sheen said, summing up the clash, "and I own my part in that, and I just want to make everything right."

Asked why he thought he should have been fired, Sheen explained, "I should have been a little more responsible about the condition I was showing up in."

He told Leno he has not had any contact with his former castmates, but said he felt no animosity toward them.

The hit CBS comedy returns today for a new season with Ashton Kutcher as Sheen's replacement.

He praised Kutcher as being "accomplished," and when asked if he had any advice for his successor, he said he'd like to give him a hug and tell him, "Make me proud, dude."
THE ASSOCIATED PRESS

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LIFE PERFORMED LIVE

Was life with Jen 'pathetic' for Brad?

Actor in damage control after recent comments about his ex-wife

Brad Pitt is doing damage control after he made some less-than-complimentary remarks to Entertainment Weekly about life with Jennifer Aniston.

"It started feeling pathetic. It became very clear to me that I was intent on trying to find a movie about an interesting life, but I wasn't living an interesting life myself," Pitt told the magazine.

"I think that my marriage (to Aniston) had something to do with it. Trying to pretend the marriage was something that it wasn't."

But Pitt insists he's been taken out of context.

"It grieves me that this was interpreted this way," Pitt says in a statement.

"Jen is an incredibly giving, loving and hilarious woman who remains my friend. It is an important relationship I value greatly. The point I was trying to make is not that Jen was dull, but that I was becoming dull to myself — and that, I am responsible for."

METRO

SLAVEN VLASIC/GETTY IMAGES

▶ Brad Pitt

Celebrity tweets

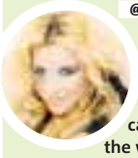
@lindsaylohan

I love how haters pick on my sister yet every runway model is just as thin! My sister is gorgeous and I'm so proud of her and her career!!!!

@justinbieber

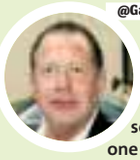
back in the studio putting the finishing touches on this christmas album and getting the tour stuff together.

@keshasuxx



sorry I've been m.i.a. guys. been camping in the wilderness. face paint naked magic steeze.

@GarryShandling



I'm going to have a baby when I'm 90, so I can hire one nurse for everyone.

JOHN SHEARER/GETTY IMAGES

▶ Victoria Beckham

The more the merrier

Maybe David and Victoria Beckham aren't done having kids after all, as the soccer star hinted to Ellen DeGeneres that they'd be welcome to another baby.

"If we were lucky enough to have another one, it would be great," he said.

"We always spoke about having a big family. We love children.

"We are very blessed to have four healthy children, so if one comes along that would be amazing."

DeGeneres pointed out that another child would make five, bringing them to a family of seven, David's lucky number.

"What can I say? I love the number seven," he responded.

METRO

Eva has some big shoes to fill

Ryan Gosling's rumoured girlfriend, Eva Mendes, has a lot to live up to.

"I had two of the greatest girlfriends of all time. I haven't met anybody who could top them," Gosling says of exes Sandra Bullock and Rachel McAdams, according to Hollyscoop.

Plus, any relationship now takes a backseat to his career. "There's interest, but I'm in a committed relationship with film. I'm giving as much to it as a marriage," he says.

METRO

Eva Mendes

IN THEATRES SEPTEMBER 30
ALLIANCE
YOU COULD
WIN A PASS FOR TWO TO SEE THE SPECIAL ADVANCE SCREENING OF
Breakaway
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To register and for full contest details visit clubmetro.com

MAY THE BEST MAN LIVE
KILLER ELITE
IN THEATRES SEPTEMBER 23
e one
YOU COULD WIN PASSES TO SEE
KILLER ELITE
PLUS A PAIR OF SUNGLASSES
EVATIK
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

Lindsay not welcome

MICHAEL BUCKNER/GETTY IMAGES

▶ Lindsay Lohan

Lindsay Lohan has not been having a great time at New York Fashion Week.

The newly blonde starlet was reportedly denied entry to Marc Jacobs' afterparty at the Dream Downtown hotel, so she called the hotel's owner, who escorted her in, according to Page Six.

But just moments after being seated in a booth near Dakota Fanning, Lohan was told by security that she wasn't welcome and would have to leave.

METRO

Perfect gifts for first-time mommy-to-be

She's having a bundle of joy but is a bundle of nerves **Soothe her fears with useful items**

MICHAEL FREIDSON
LIFE@METRONEWS.CA
METRO WORLD NEWS

1

1 FEAR: My baby won't sleep
SOLUTION: The Sleep Sheep. It looks like an ordinary stuffed animal. But inside is a sound box featuring four white noises, including a heartbeat and whale sounds — guaranteed to make your kid go to sleep. **Sleepsheepandfriends.com**

2

2 FEAR: I can't carry my baby
SOLUTION: Moby wrap. The fully adjustable, one-size-fits-all fabric (no annoying snaps or straps) wraps around your entire back, so you don't strain yourself. Or look like a backpacker. **Mobywrap.com**

3

3 FEAR: Changing diapers in public
SOLUTION: The Skip Hop Changing Mat. This simple, ingenious set looks like a clutch, but one zip later, you've got a changing mat with extra-wide flaps. It's quick. And when you're stinking up the entire Baby Gap, you need to be quick. **Amazon.com**

4

4 FEAR: My baby rolls around in bed
SOLUTION: Grobag swaddle. Hey dads: Babies can suffocate under blankets. So wrap them up in this cocoon, a soft, warm blanket that keeps them snug. **gro.co.uk**

5

5 FEAR: I feel gross
SOLUTION: A bath for mom. We recommend a Ren Skin Care bath set, for the soap (to clean off the spit-up on mom's neck) and relaxing scents (to help her forget the spit-up ever happened). Also, offer to babysit, so mom can take the time she needs. **Renskincare.com**

6

6 FEAR: Eating out with baby
SOLUTION: The MeeToo High Chair. It's lightweight and screws directly on to any table, so the baby feels close to the action. When done, it packs away to under an inch thick. Suddenly, other guests at the restaurant don't hate you. **Philandteds.com**

7

7 FEAR: My baby looks cold
SOLUTION: Maryjanes. If her feet are bare, the thickest jumper won't keep her warm. So try these warm and fuzzy socks, which look like shoes. **Trumpette.com**

8

8 FEAR: My baby's teething
SOLUTION: Sophie the Giraffe is a bestseller. It's small enough to hold, soft enough to chew, squeaky enough to entertain and cute enough to make adults drool. **Sophielagiraffe.co.uk**

3 life

Daddy's baby fever

Dads can get "baby fever." Researchers at Kansas State University spent 10 years studying the desires of men and women, and found men also have the undeniable urge to procreate. MWN

Is this thing on? Viral video of web-cam grandparents captures candid moment.

Buy For: $49

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Regular Price: $220
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Squash gets you fall ready

This Squash Crumble will work as a side dish or even as a tasty dessert

The natural sweetness of butternut squash makes it a wonderfully versatile ingredient. This spiced and baked dish, for example, can be served as a sweet side alongside a roast and the traditional fixings or topped with ice cream for a delicious dessert.

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This Squash Crumble serves eight.

Preparation:

1. Heat oven to 180 C (350 F). Coat a 23-by-33-cm (9-by-13-inch) baking dish with cooking spray.
2. To make filling, in bowl mix brown sugar, cornstarch, salt, cinnamon and nutmeg. Set aside.
3. Bring pot of water to boil. Add squash and cook 6 minutes, or until just tender. Drain thoroughly. In bowl, mix squash and apples. Add brown sugar mixture, toss well; transfer everything to baking dish.
4. To make topping, in a food processor combine flour, sugar, cinnamon and salt. Add butter and pulse until mix resembles coarse crumbs. Add pecans and pulse to chop and combine. Sprinkle topping evenly over apples and squash. Bake for 45 minutes, or until squash and apples are tender.

THE ASSOCIATED PRESS

Ingredients:

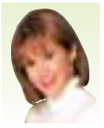
Filling:

- 45 ml (3 tbsp) brown sugar
- 15 ml (1 tbsp) cornstarch
- Pinch salt
- 2 ml (1/2 tsp) cinnamon
- 1 ml (1/4 tsp) nutmeg
- 1 butternut squash (about 900 g or 2 pounds), peeled, seeded and cut into 2.5 cm (1-inch) chunks
- 3 baking apples (such as Granny Smith), peeled, cored and cut into small chunks

Topping:

- 250 ml (1 cup) all-purpose flour
- 125 ml (1/2 cup) granulated sugar
- 2 ml (1/2 tsp) cinnamon
- Pinch salt
- 75 ml (5 tbsp) butter, cold
- 125 ml (1/2 cup) pecans

Rose Reisman's Swap It



The British scone has always been thought of as a small biscuit-like cake that's not too sweet and presumably healthier. Guess again! The butter croissant is actually better.

STARBUCKS PUMPKIN SCONE
480 CALS/ 78 G FAT/ 43 GM SUGAR

EVEN THOUGH THESE SCONES APPEAR DRIER, THEY'RE MADE WITH EXCESS BUTTER, OIL AND 11 TSP OF SUGAR, MAKING ONE EQUIVALENT TO 15 PIECES OF BISCOTTI IN CARBS.

SWAP IT!

STARBUCKS BUTTER CROISSANTS
310 CALS/ 32 G CARBS/ 4 GM SUGAR

THE CROISSANT HAS HALF THE CARBS AND ONLY 1 TSP OF SUGAR.

FOR MORE, VISIT ROSEREISMAN.COM

Of roasted tomatoes & sausage

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This pasta recipe serves six.

Preparation:

1. Heat the oven to 150 C (300 F).
2. On a rimmed baking sheet, combine the tomatoes, garlic, peppers, red onions, mushrooms, sausage and carrots. Drizzle the oil over the vegetables, then sprinkle with the oregano and basil. Use your hands to toss the vegetables and sausage until coated, then spread in an even layer.
3. Place in the oven and roast for 40 minutes. Walk away and do something fun for the first 20 minutes.
4. Bring a large pot of salted water to a boil. Add the spaghetti and cook according to package directions. Drain, then divide between serving plates. Spoon the roasted vegetable and sausage mixture, including any juices that have collected in the pan, over the pasta. Top with Parmesan and pine nuts and serve.

THE ASSOCIATED PRESS

Ingredients:

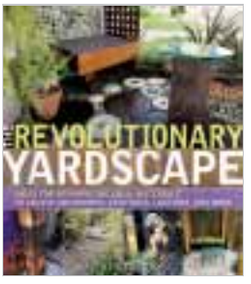
- 500 ml (1 pint) cherry tomatoes, halved
- 4 cloves garlic
- 2 green bell peppers, cored, cut into thick strips
- 1 large red onion, roughly chopped
- 250 ml (8-oz) package white button mushrooms
- 375 ml (12-oz) package cooked Italian chicken sausage, cut into 1-inch chunks
- 4 large carrots, peeled and cut into 1.3-cm (1/2-inch) chunks
- 45 ml (3 tbsp) olive oil
- 5 ml (1 tsp) dried oregano
- 5 ml (1 tsp) dried basil
- salt and black pepper
- 450 g (1 lb) spaghetti
- Grated Parmesan cheese
- 60 ml (1/4 cup) toasted pine nuts

Reclaiming the backyard

New book shows how to find stuff for your yard without making a trip to a store Learn what you can do

TIMBER PRESS/THE ASSOCIATED PRESS

This walkway is made from scrap steel plates and remnant cedar planks from a fence.



Trash talk has helped Matthew Levesque fashion an inventive career in garden design.

He holds "creative reuse" workshops, and his "yardscaping" creations made from locally available items have become austerity-chic collectibles.

"I'm trying to get people thinking about alternative sources for their materials," said Levesque, author of The Revolutionary Yardscape. "Lots of landscape people are beginning to pay attention."

A slumping economy is forcing consumers to be as imaginative about finding landscaping supplies as they are about using them. Levesque is a master at crafting yard decor from cast-off materials that otherwise would stuff landfills or litter vacant lots. He turns toolboxes into planters, and makes walkways from tumbled, recycled glass. He uses doors for fences and links small ceramic tubes into rain chains, a substitute for downspouts.

"It's the art of using what we've got," said Levesque, who also operates what he describes as a "thrift store for house parts" in San Francisco. "I use my garden as a test kitchen, trying things out to see if they work."

Ignore the cookie-cutter garden furnishings sold at big box stores and nurseries, Levesque said. Instead, reclaim building materials with recognizably local origins so you can make one-of-a-kind statements.

"What is a flowerpot but a hole with a bottom and sides? Through reuse, a great many things can fit that description," he said.

Where should you look for reclaimable building supplies? Salvage yards are great spots to start, Levesque said.

"They generally offer goods at reasonable prices, and often the proceeds go to an affiliated non-profit endeavour," he said. "This is a quick place to find beautiful old windows, doors, racks of sheet metal and other useful stuff."

THE ASSOCIATED PRESS

CHEWING OVER USE OF PLASTIC NIGHT GUARDS

Many of us chew plastic night guards eight hours a day; one third of our lives. I asked our dentist if these plastic products have harmful chemicals. His response was, 'They say not, but I don't believe it.' What do you know about night guards? ***Tara of Vancouver***

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

I don't know very much about the plastic used to make night guards. However, my mom happens to be a dental assistant.

She was able to get the manufacturer's Material Safety Data Sheet (MSDS) for night guards from a dental lab.

Unfortunately, the MSDS sheet isn't all that helpful. Half of the ingredients are ethyl methacrylate (48 per cent), hydroquinone (one per cent) and P-methyoxyphenol (one per cent).

The other 50 per cent of the ingredients are called "Confidential Ingredient A", registered as a trade secret. Ethyl methacrylate is a base material for coatings and adhesives.

It's used in a host of things, from resins to paper finishing to dental products.

I can't speak to its safety, and the trade secret ingredient is a huge stumper.

You don't need to be related to a dental assistant to find out about the products used in your mouth.

Ask your dentist to find out more about the product and get contact information for the company.

Another point worth mentioning is that the Canadian Dental Association is one of 12 national organizations representing all areas of the health sector, along with the David Suzuki Foundation, that have produced a joint statement spelling out a commitment to creating an environmentally responsible health sector.

David Suzuki Foundation

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Percentage of educated Canadians high: OECD

A new study has found Canadians' education levels are outpacing those of many countries.

Statistics Canada reports 92 per cent of adults aged 25 to 34 had completed secondary school compared with 80 per cent of those aged 55 to 64.

The 12-percentage-point gap was smaller than the average across the 34 countries of the Organization for Economic Co-operation and Development (OECD), where the proportions stood at 81 to 61.

StatsCan also says the proportion of adults aged 25 to 64 with a college diploma or a university degree rose to 50 per cent from 39 per cent between 1999 and 2009, outpacing the average OECD increase.

Canada's employment rate for adults aged 25 to 64 who had not completed secondary education was 55 per cent in 2009, while the rate for graduates of college and university programs was 82 per cent.

Canada devoted six per cent of its gross domestic product to educational institutions in 2007, about the same share as the OECD average.

Canada devoted six per cent of its gross domestic product to educational institutions in 2007, about the same share as the OECD average.

THE CANADIAN PRESS

Canada's billion-dollar-man 'just worked hard'

Our country's third wealthiest person, according to Forbes, came from humble beginnings

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

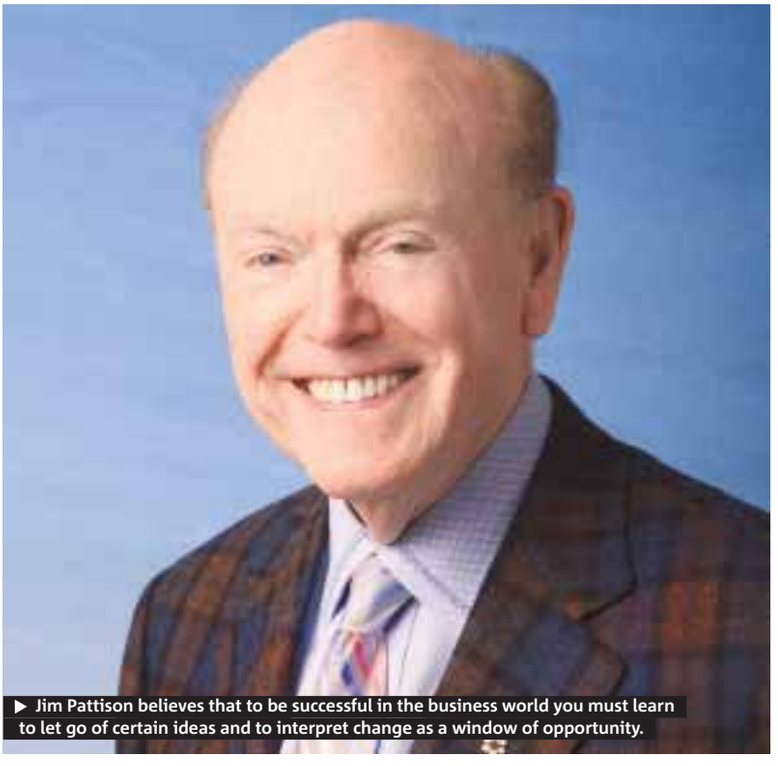
He is a superstar entrepreneur and according to Forbes, is worth $5.8 billion. Jim Pattison has come a long way from growing up in poverty and watching his family struggle to make ends meet.

He bought a car dealership in Vancouver, got into leasing and then moved on to media, the food industry and other ventures.

Today, the Jim Pattison Group is Canada's third largest privately owned company, but when I ask him to share his story he stops me quickly.

"At our company we don't talk about ourselves," he says quietly. "We're not fancy and we didn't do much different. We just worked hard."

After much cajoling, I finally convince him to talk about business and the affable billionaire is willing to share his thoughts on how to survive in a challenging economy.



▶ Jim Pattison believes that to be successful in the business world you must learn to let go of certain ideas and to interpret change as a window of opportunity.

"When there's lots of change in the world there's also lots of opportunity. You have to follow up on the opportunities. If you stick with what you believe in you'll be successful.

But it's all about hard work and timing.

There's no sense in bashing your head against the wall if it's not going anywhere.

There are a lot of people with good ideas but if it's not commercially viable there's no sense sticking with something that isn't going well."

Pattison cautions everyone to be realistic in an economic downturn and to realize that every situation is unique.

What works in Newfoundland may not fly in B.C.

What's the bottom line from one of the best entrepreneurs ever to emerge from Canada?

"If you work hard and be honest then you'll be successful and that's about as simple as it gets."

Tough times

Jim Pattison's 10 tips for surviving a downturn.

1. Out of adversity and change comes opportunity for something new.
2. Be alert and keep your eyes open.
3. Find the resources to make it happen.
4. Have the best price and quality to be competitive on a world wide basis.
5. Conduct yourself with integrity.
6. Don't worry about things you can't control.
7. If timing is on your side you have a chance
8. Treat people the way you want to be treated.
9. We all make mistakes but the key is not to "live" with your mistakes.
10. Know when it's time to move on

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Rays continue to close gap on Red Sox

8	5
RAYS	RED SOX

The ball struck David Price in the chest and bounced in the air, a hit that could have devastated Tampa Bay's playoff chances.

But Evan Longoria fielded the carom and threw to first for the out, Price stayed in the game and the Rays beat the Red Sox 8-5 yesterday to take three out of four in Boston and close within two games in the AL wild-card race.

The Red Sox have lost 11 of 14 and are left rooting for the New York Yankees, who play the Rays seven times in the last 10 games.

"To be able to do this against this team here, if that can't bolster your confidence nothing really can," Rays manager Joe Maddon said. "Now it becomes more viable. You can see the light at the end of the tunnel, and now it's not attached to an oncoming train."

THE ASSOCIATED PRESS

DARREN MCCOLLESTER/GETTY IMAGES

▶ Boston's Dustin Pedroia, left, walks to the dugout after an eighth inning strike out yesterday.

Bombers find some swagger

GRAHAM HUGHES/THE CANADIAN PRESS

▶ Terrence Edwards celebrates a touchdown against Montreal yesterday.

Winnipeg moves four points up on Alouettes with win in Montreal

25	23
BOMBERS	ALS

A banged up Buck Pierce and a defence that played like it had something to prove have put a little swagger back in the Winnipeg Blue Bombers.

Playing with extra padding in his flak jacket to protect tender ribs, Pierce threw touchdown passes to Greg Carr and Terrence Edwards and the Bombers won a showdown for first place in the CFL East Division with a 25-23 victory over the Montreal Alouettes yesterday afternoon.

Fred Reid also ran in a TD as Winnipeg (8-3) moved four points clear of second place Montreal (6-5).

They did it with some big plays early on and with tight defence throughout, holding quarterback Anthony Calvillo to 22 completions on 39 attempts for 258 yards and forcing a turnover on downs on Montreal's final possession.

After back-to-back crushing losses to the rival Saskatchewan Roughriders, the nickname Swaggerville may be applied once again to the Winnipeg defence.

"We fixed the flat and the bus is up and running again," said defensive back Jovon Johnson.

"It's a huge win in a place where we don't win often," added coach Paul LaPolice. "They're a good team and a good organization and we played a good game.

THE CANADIAN PRESS

4 sports

Quoted

"It seems like he's always great. He's the best quarterback in the league."

PATRIOTS LINEBACKER ROB NINKOVICH, ON HIS QB TOM BRADY, ABOVE, WHO THREW FOR 423 YARDS YESTERDAY AND LED NEW ENGLAND TO A 35-21 WIN OVER THE SAN DIEGO CHARGERS.

Bad DANDRUFF day?
Seeking adults 18 to 75 with dandruff (dry, flaky scalp) or seborrheic dermatitis to participate in a research study testing anti-dandruff shampoo.
• Only 5 study visits!
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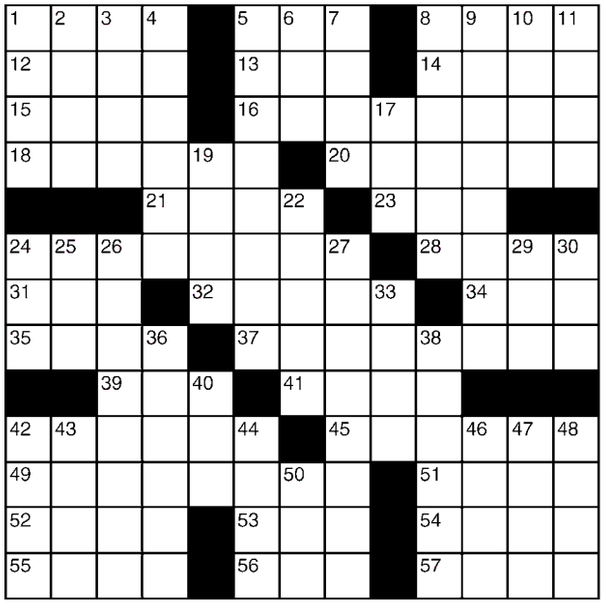
Crossword



Across

1 Injure severely
5 Second mo.
8 Reverberate
12 Erstwhile Peruvian
13 Meadow
14 Carpet style
15 Entrance
16 Tuna variety
18 Baseball game division
20 Not on the road
21 School district CEO
23 Common Mkt.
24 Type of tree
28 Sharpen
31 "That feels so good!"
32 Distend
34 Raw rock
35 Restaurant employee
37 Hamlet's castle
39 Morning light
41 Promgoers' car
42 T-shirt fabric
45 Situated below
49 One who'll eat anything
51 Tittle
52 Manhandle
53 Bro's sibling
54 Rabbit
55 Initial stake
56 Type measures
57 Greek vowels

Down

1 Calf-length
2 Unsigned (Abbr.)
3 PC picture
4 Actress Tomei
5 Standard bearer?
6 Slithery swimmer
7 Ali —
8 Shun
9 "Chattanooga —"
10 Damage
11 Curved molding
17 Dined on
19 Unfeeling
22 Billy Goats Gruff foe
24 Pouch
25 Cry of derision
26 Old joke
27 Simplicity
29 Blunder
30 Golf-ball prop
33 Clock information
36 Vain
38 See
40 Election mo.
42 Prolonged sleep
43 Muscat's land
44 Sniffer
46 Owl's call
47 Sicilian volcano
48 Shafts of light
50 Edge

▶ Yesterday's answer

B	O	P	■	B	A	M	A	■	S	A	G	A		
A	D	O	■	E	V	I	L	■	E	X	A	M		
R	O	L	L	C	A	L	L	■	E	E	L	S		
B	R	E	A	K	S	■	S	K	Y	■	■	■		
■	■	■	Y	E	T	■	T	I	A	R	A	S		
S	A	B	E	R	■	J	A	M	■	E	L	L		
O	V	E	R	■	W	A	R	■	M	E	S	A		
F	I	T	■	Z	I	G	■	A	E	S	O	P		
A	V	A	T	A	R	■	A	D	D	■	■	■		
■	■	■	A	P	E	■	G	U	I	N	E	A		
M	I	N	X	■	T	O	L	L	C	A	L	L		
E	R	I	E	■	A	L	O	T	■	D	I	M		
W	E	B	S	■	P	E	W	S	■	A	A	A		

Sudoku

	3		6		2		5	
4			7		8			9
	8			3			1	
		9				4		
1	6						3	5
		3				1		
	9			5			7	
6			8		9			3
	5		1		4		2	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	8	9	1	5	6	7	2	4
4	1	6	2	7	9	5	3	8
7	2	5	3	8	4	6	9	1
8	3	4	6	2	5	1	7	9
9	7	1	4	3	8	2	6	5
6	5	2	7	9	1	8	4	3
1	6	8	9	4	2	3	5	7
5	9	7	8	6	3	4	1	2
2	4	3	5	1	7	9	8	6

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Water Baby
I don't know how this happened...I can't believe it myself, from who's that? to this, from one kiss, a friendship that passed the test of time!!! I hope you will always be Mine! **FROM KISS ME ON THE SALTEE SEAS**

Lovely Sola :D
Can u feel my heart beats?! Every time I see u, my heart beats fast. I like everytin' about u. You're the most importan person in my life! I want u I need u ! I luv u Sola :D **FROM HONEY :D**

BOO
I miss you so much...If you only knew **FROM YOU KNOW**

A look at the weather

BT BREAKFAST TELEVISION

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

TODAY	TUESDAY	WEDNESDAY
Min 2° Max 20°	Min 11° Max 18°	Min 11° Max 15°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Mars, your ruler, is the strongest planet in the sky right now, so you should be overflowing with self-belief.

♉ Taurus April 21-May 21 By the end of the week you will be back to your best

♊ Gemini May 22-June 21 Both at home and at work you should adopt a couldn't-care-less attitude

♋ Cancer June 22-July 22 If someone is down on their luck and comes to you for assistance you won't have the heart to turn them away.

♌ Leo July 23-Aug.23 Make sure you have a clear set of goals – and be ruthless in pursuing them only.

♍ Virgo Aug. 24- Sept. 22 By the end of today you will see clear signs that your future looks bright

♎ Libra Sept. 23-Oct. 23 Put behind you any lingering feelings of regret or remorse and get on with your life.

♏ Scorpio Oct. 24-Nov. 22 You will find it easier to be assertive on the work front over the next few days.

♐ Sagittarius Nov. 23-Dec. 21 The message of the stars as the new week begins is that you have nothing to worry about

♑ Capricorn Dec. 22-Jan. 20 Play by the rules and you'll prosper this week.

♒ Aquarius Jan. 21-Feb. 18 A friend or loved one is having a difficult time of things. What can you do to help them?

♓ Pisces Feb. 19-March 20. Sometimes you have to admit that the target you have been aiming for is just too far away. **SALLY BROMPTON**

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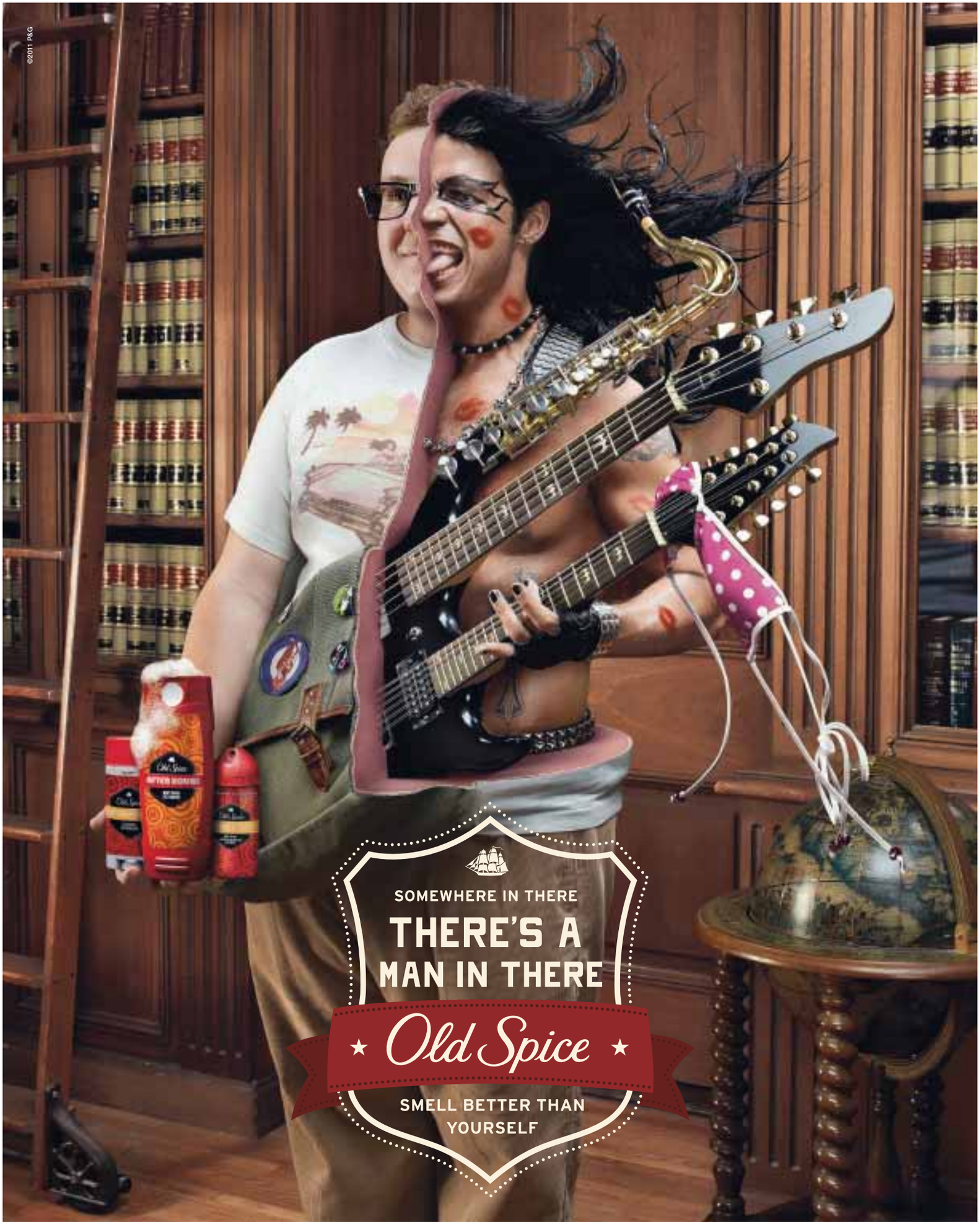
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